

# Apple Cinnamon Soy Pancakes (Foodservice) Recipe

## Ingredients:

6 pounds Vanilla Soymilk

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4 pounds Buttermilk Pancake Mix

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3/4 ounce Cinnamon

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1 pound Apples\*\*, peeled and diced

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## Instructions for Apple Cinnamon Soy Pancakes (Foodservice):

Pour soymilk into mixing bowl. Add pancake mix and cinnamon. Mix on low speed with wire whip until blended.

Add apples. Mix on low speed with whip until blended.

Deposit batter onto pre-heated grill and cook as directed on package

Original recipe makes 50, 4 in. pancakes.

\*The amount of soymilk may vary with pancake mix. Use the same amount of soymilk as the liquid amount stated in the package directions.

\*\* May substitute 6 cups (2 lb 13 oz) apple pie filling for the apples.

## Nutrition Per Serving:

Calories 170, Cholesterol 0 mg, Protein 4 g, Fiber 0 g, Fat 2 g, Sodium 830 mg, Carbohydrate 36 g,  
Calories from Fat 10%

